



## FOODBANK SHOPPING LIST

December 2020

**PLEASE DO NOT DONATE ITEMS  
CONTAINING ALCOHOL – THANK YOU**

### Shortfall Items

- Food
- Long Life Fruit Juice (not squash)
- Tinned meat soup
- Sponge Puddings  
(Tinned or Microwaveable)
- Tinned Fruit
- Sugar (500g or 1Kg)

#### Other Items

- Laundry liquid tabs/tablets

### PLEASE!

**Do not donate fresh food items without checking with us first**

**Check that your donation is well inside its use-by date.**

**It takes time for us to process donations and too often they pass the use-by date before we can distribute the food to our clients.**

**We cannot distribute out of date food.**

Items of which we have a plentiful supply:

- Baked Beans
  - Coffee
  - Feminine hygiene
  - Breakfast Cereal
  - Pasta
  - Tinned/Packet Veg Soup
  - Packets of Rice (dried)
  - Long-life Milk
- Our warehouse continues to be well stocked. However, we are grateful for all regular donations, especially the shortfall items.
  - Please take your donation to one of our many collection points in supermarkets. See our website for a complete list.

